

## **CHECKLIST: Before You Ride**

By Herman Detering

Southwind Farms Equestrian Center

1. Drive, Draw, Hook-on/Turn Loose, Follow
2. Accept Rope/Halter
3. Yield Hindquarters
4. Desensitize:  
    Hand, stick, lead rope toss, sack, swing lariat
5. 12-14 foot lead line & circling/lunging:  
    Establish smooth movement, change directions.  
    Transitions: walk & trot.
6. Send, on line, between you and the panels
7. Back [after forward is well established on line]
8. Yield Front end
9. Sideways/diagonal yield
10. Drop his head
11. Follow the Feel:  
    Lead line on opposite side.  
    Horse is asked to “change eyes “in turning to follow the feel of the lead.
12. Drive & Draw at liberty.
13. Lift Feet with Rope [advance to uses of hand]
14. Lead by Feet & Leg Yield to Hand.
15. Belly and Flank Rope desensitization.
16. Blanket & Saddle at liberty.



